



Study with Guru Dass

"Your greatest strength as a teacher is your uniqueness, being your authentic self. There lies your true power." ~Guru Dass, Master Trainer of Kundalini Yoga

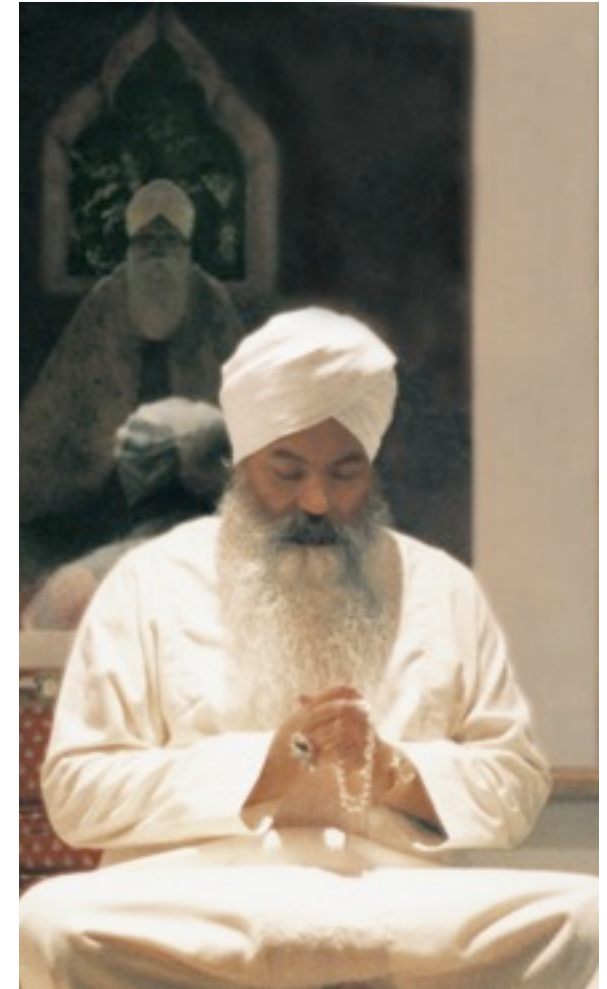
Guru Dass is our Lead Trainer and one of the most experienced Kundalini Yoga teachers in the world today. He founded the International College of Kundalini Yoga in 2001. He has trained hundreds of Kundalini Yoga teachers worldwide and inspired many by speaking in a manner that frees the mind and opens the heart. Guru Dass travels the world sharing his wisdom and knowledge of Kundalini Yoga, along with his music.



**INTERNATIONAL COLLEGE
OF KUNDALINI YOGA**
• AUSTRALIA •
WWW.KUNDALINIYOGA AUSTRALIA.COM

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**BECOME A
KUNDALINI YOGA
TEACHER!**



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"If you want to learn something, study it. If you want to understand something, practice it. If you want to master something, teach it."

~Yogi Bhajan, Master of Kundalini Yoga

Kundalini Yoga, as taught by Yogi Bhajan, is one of the major systems of yoga instruction. Kundalini Yoga uses dynamic yoga postures, energetic breathing techniques, mantra (sound) and meditation to work with the spiritual energy of the body.

The International College of Kundalini Yoga Teacher Training offers its training for students who wish to deepen their knowledge and experience of Kundalini Yoga, develop a strong personal practice and gain valuable teaching skills. We strive to provide each Teacher Training graduate with a strong foundation to teach with strength, knowledge and an open and compassionate heart.

Kundalini Yoga Level I Teachers Training Program COURSE SCHEDULE

Module	Start	End
I	November 30 2011	December 7 2011
II	February 9 2012	February 12 2012
III	May 12 2012	May 19 2012



Where: **Gunnebah Retreat Center**

In Murwillumbah (only 50 mins from Byron Bay and 35 min from the Gold Coast)

<http://www.gunnebah.com.au>

Certification

After completing all requirements students will receive their certificate as a Level I Kundalini Yoga Instructor by the Kundalini Research Institute (KRI) of New Mexico, USA and are eligible to be member of the International Kundalini Yoga Teachers Association

